



MAY 1 – OCTOBER 31, 2021 SCHEDULE

[www. bluelotusannapolis.com](http://www.bluelotusannapolis.com) | 443.949.7553 | 119 Hillsmere Drive, Annapolis, MD 21403

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|--|--|--|--|---|--|
| 6:00-7:00 am Outdoor Yoga II CAREY | 6:00-6:45 am Outdoor Mat Barre MAURA | 6:00-7:00 am Outdoor Yoga II BROOKE | 6:00-6:45 am Outdoor Yoga Sculpt BECKY | 6:00-7:00 am Outdoor Yoga II HEATHER | | |
| | | | | 7:30-8:15 am Livestream Barre CLAIRE | 7:30-8:15 am Outdoor Mat Barre CLAIRE | 7:30-8:15 am Outdoor Mat Barre RACHEL |
| 8:30-9:30 am Outdoor Yoga I ANDI | | 8:30-9:30 am Outdoor Yoga II JEN | 8:30-9:30 am Outdoor Slow Flow KATE | 8:30-9:15 am Outdoor Yoga Sculpt JEN | 8:30-9:30 am Outdoor Yoga II DUFFY | 8:30-9:30 am Outdoor Yoga II JULIE |
| 11:00-12:00 pm Livestream Yin ANDI | | 11:00-12:00 pm Livestream Gentle THERESA | | 11:00-12:00 pm Indoor Yin KATE | 11:00-12:00 pm Indoor Yoga I ATHENA | |
| | | | | | | 4:00-5:00 pm Livestream Gentle THERESA |
| 5:30-6:30 pm Outdoor Yoga I HOLLY | 5:30-6:30 pm Outdoor Yoga II JULIE | 5:30-6:30 pm Outdoor Yoga II MEGAN | 5:30-6:30 pm Outdoor Yoga II DUFFY | | | |
| 7:00-8:00 pm Indoor Yoga II BROOKE | 7:00-8:00 pm Livestream Gentle TARYN | 7:00-8:00 PM Indoor Yoga I ATHENA | 6:30-7:30 pm Livestream Restore DUFFY/CASS | | | |

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| | = Outdoor Class |
| | = Livestream Class |
| | = Indoor Class |